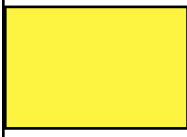








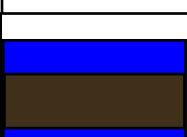




	<p>BLOCKS Down Block - Rising Block - Middle Block - Knife Hand - Inside Forearm</p> <p>KICKS Front Snap - Round House - Side Thrust (in place)</p> <p>PUNCHES Single Punch Forward - Across Body to Head</p> <p>FORM < KI-BON > (20) STANCES Front - Back - Side (Horse)</p>	
	<p>BLOCKS Outside Forearm - Lower X - Higher X - Down block / Rising block Combo</p> <p>KICKS Double Roundhouse - Hook Kick (front leg) - Side Thrust (stepping In)</p> <p>PUNCHES Double Punches to Front</p> <p>FORM < CHON-JI > (19)</p>	
	<p>BLOCKS Augment Block - Spear Hand Strike - Knife Hand Strike side and front</p> <p>KICKS HookKick / Roundhouse - Spinning Back Kick - Back Kick</p> <p>PUNCHES Triple to Front</p> <p>FORM < TAN-GUN > (21) One Steps 5</p>	
	<p>BLOCKS Lower / Higher Knife Hand Block</p> <p>KICKS Backleg Roundhouse / spinning Back Kick Combo - Crescent Kick</p> <p>PUNCHES Side Punch - 6 Punch Combo - Palm Strike</p> <p>FORM < TO-SAN > (24) ONE STEPS 5 - 10</p>	
	<p>BASICS Twin Spear / Punch / Palm to ribs - Twin Punch / Ridge to head</p> <p>Reverse Ride to head</p> <p>KICKS Spinning Hook - Ax Kick - Push Kick - Side Snap</p> <p>FORM < WON-HYO > (28) ONE STEPS 10 + possible takedowns</p>	
	<p>BASICS Spinning Back Fist</p> <p>KICKS Spinning Crescent - Combination Kicks</p> <p>ESCAPES Basic escapes</p> <p>FORM < YUL-KOK > (38) ONE STEPS 10 + 5 Takedowns</p>	 <p>SPARRING</p>
	<p>BASICS Elbow Strikes</p> <p>KICKS Step spinning Back kick - Jump Double Front Snap - Combination Kicks</p> <p>ESCAPES Basic escapes BOARD BREAK 1 board SPARRING</p> <p>FORM < CHUNG-GUN > (32) ONE STEPS 10 + 10 Takedowns</p>	
	<p>KICKS Flying Roundhouse - Tornado Kick - Combination Kicks</p> <p>SELF DEFENSE Basic Knowledge of HAPKIDO + ESCAPES SPARRING</p> <p>POSSIBLE Break Falls and Weapon Disarming BOARD BREAK 2 boards</p> <p>FORM < TOI_GYE > (37) ONE STEPS 15 + 10 Takedowns</p>	
	<p>KICKS Jump Spinning Back - Jump Spinning Crescent - Flying Side Thrust (Possible Running Jumping Spinning Side Thrust Kick) SPARRING</p> <p>SELF DEFENSE Hapkido + Weapon Disarm BOARD BREAK 3 boards</p> <p>FORM < HWA_RANG > (29) ONE STEPS 15 - 20 + 10 Takedowns</p>	
	<p>KICKS All Of The Above (Black Belt Quality) BOARD BREAK 4 Boards</p> <p>SELF DEFENSE All Of The Above (Good Understanding Of HAPKIDO)</p> <p>POSSIBLE Weapon Disarming SPARRING Possible 2 or More</p> <p>FORM < CHUNG_MU > (30) ONE STEPS 15 - 20 + 15 Takedowns</p>	
	<p>Improve all techniques. Possible DEMO 5 Boards</p> <p>< KWANG_GAE > (39) HAPKIDO Escapes + Gun and Knife</p> <p>FORMS < PO_EUN > (36) ONE STEPS AND TAKEDOWNS 20 - 25</p>	